

Martin Luther King, Jr. Day

http://www.americaslibrary.gov/aa/king/aa_king_subj.html



Born: January 15, 1929

Died: April 4, 1968

Martin Luther King Jr. was the most important voice of the American civil rights movement, which worked for equal rights for all. He was famous for using nonviolent resistance to overcome injustice, and he never got tired of trying to end segregation laws (laws that prevented blacks from entering certain places such as restaurants, hotels, and public schools). He also did all he could to make people realize that "all men are created equal." Because of his great work, King received the Nobel Peace Prize in 1964 -- the youngest person ever to receive this high honor. King was also a Baptist minister. He was assassinated in Memphis, Tennessee, when he was just 39 years old. His birthday is now observed as a national holiday on the third Monday in January.

Links for Children

A pictorial history of the life of Martin Luther King, Jr.

<http://kids.nationalgeographic.com/explore/history/martin-luther-king-jr/>

School Project Children's story DVD

<https://www.youtube.com/watch?v=k6Au81aHuSg>

Martin Luther King, Jr. Facts and Quotes for Kids

<http://www.kidsplayandcreate.com/martin-luther-king-jr-facts-and-quotes-for-kids/>

TWO FRIENDSHIP SNACKS FOR MLK DAY...

#1 Have each child bring in a half cup of their FAVORITE SNACK (You can offer parents suggestion at this point: cereal, raisins, crackers, etc.) when you get all of the snacks--- mix them all in a huge bowl and serve them for snack. Talk about how DIFFERENT THINGS GO TOGETHER to make something very good. This helps get the ideas of diversity, sharing, cooperation, and trying new things across.

#2 Do the same as above, however, USE FRUIT instead of snack mixes. Have each child bring in a can or piece of fruit and then talk about how different things go together, to make something very good. Use the blender on the school's cooking cart to make a fruit smoothie. This helps get the ideas of diversity, sharing, cooperation, and trying new things across.

Donate any left-over fruit to a shelter or food pantry.